

Promotional: Understanding Sexually Transmitted Infections in Older Adults

****You MUST print this for Continuing Education purposes and keep with your certificate of completion.**

Requirements:

For successful completion of this educational activity and receipt of 0.25 contact hour(s), the learner must:

1. Participate in 15 minutes of continuous learning. Course time is calculated using the Mergener Formula.
2. Complete a quiz with a minimum score of 85%.
3. Complete an evaluation form.

Educational activity description:

This course explores the rising rates of sexually transmitted infections (STIs) among older adults and equips healthcare professionals with the tools to respond effectively. Learners will identify symptoms of common STIs, review treatment and prevention strategies, and practice communication approaches that reduce stigma while supporting dignity and health in older adults.

Target audience:

The target audience for this educational activity is all staff who work with older adults. This is an introductory level educational activity.

Learning outcome:

At the completion of this educational activity, the learner will be able to demonstrate knowledge about sexually transmitted diseases in the older adult by passing a quiz with 85% or greater accuracy.

Learning objectives:

At the completion of this educational activity, the learner will be able to:

1. Choose two (2) signs and symptoms of possible sexually transmitted disease in older adults.
2. Identify two (2) CDC guidelines regarding sexually transmitted infections (STIs) and immunizations in older adults.
3. Select two (2) interventions for treatment of sexually transmitted disease for older adults.

Author:

Linda Shubert, MSN, RN

Linda has 40 years of nursing experience working with older adults across the settings of rehabilitation, home health, geriatric case management, acute care, and long-term care. Linda has held a variety of clinical, teaching, and administrative positions including Infection Preventionist, Director of Nursing, Clinical Professor of Nursing, Staff Development Coordinator, and Simulation and Skills Lab Director. Linda is an advocate for engaged learning and competency-based programming, using it to advance topics of concern to the older adult such as infection control and resident-centered care.

Planning committee:

Judy Hoff, RN, BSN, MA, PhD

Jessica Burkybile, MSN, RN, NPD-BC

Amanda Keith, PhD, RN, PHN

Linda Shubert, MSN, RN

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