

#### **Promotional: Advance Directives**

\*\*You MUST print this for Continuing Education purposes and keep with your certificate of completion.

#### Requirements:

For successful completion of this educational activity and receipt of 0.5 contact hour(s), the learner must:

- 1. Participate in 30 minutes of continuous learning.
- 2. Complete a quiz with a minimum score of 85%.
- 3. Complete an evaluation form.

## **Educational activity description:**

An advance directive is a legal document in which a person provides instructions about end-of-life care or appoints a person to serve as a decision maker for them in case they are no longer able to make those decisions. It is important that caregivers be knowledgeable of types of advance directives to provide the care that an individual would have chosen, should they no longer be able to communicate these wishes. This learning opportunity is an introductory review of the four types of advance directives.

# **Target audience:**

The target audience for this educational activity is all staff in the long-term care setting. This is an introductory level educational activity.

#### Learning outcome:

At the completion of this educational activity, the learner will be able to demonstrate knowledge about advance directives by passing a quiz with 85% or greater accuracy.

#### Learning objectives:

At the completion of this educational activity, the learner will be able to:

- 1. List two (2) advance directives.
- 2. Distinguish the differences between the living will and durable power of attorney (DPA) for healthcare.
- 3. Identify eight (8) considerations when making advance care decisions.

#### Author:

Mary DaCorta, MSW, LCSW

Ms. DaCorta has provided medical social services in hospice and long-term care settings for more than 25 years. For the last 14 years she has provided social service support in a highly rated skilled nursing facility committed to excellence. She has provided presentations on advance care planning, ongoing supervision, and education of social workers and social service interns on advance directives.

# Reviewer:

Asa Morin, MSW, LICSW, LNHA

As a started her career as a Licensed Clinical Social Worker and then transitioned to a career as a Licensed Nursing Home Administrator. She has over 10 years of experience working in long-term care and in assisting individuals with advance directives. She has provided education on advance directives to individuals, their families and healthcare providers.

# Planning committee:

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