

## Promotional: Alzheimer's and Dementia Care Training Program

**\*\*You MUST print this for Continuing Education purposes and keep with your certificate of completion.**

### **Requirements:**

For successful completion of this educational activity and receipt of 3.0 contact hour(s), the learner must:

1. Participate in 180 minutes of continuous learning.
2. Complete a quiz with a minimum score of 85%.
3. Complete an evaluation form.

### **Educational activity description:**

Alzheimer's disease (AD) and Related Disorders have a tremendous impact on the person with the diagnosis that extends to their family, and staff. This educational activity provides an overview of person-centered strategies when caring for a person living with dementia and their family.

### **Target audience:**

The target audience for this educational activity is all staff in the long-term care setting. This is an intermediate level educational activity. Information is geared to practitioners with a general working knowledge of current practice trends and literature related to the subject matter. The focus is on increasing understanding and competent application of the subject matter.

### **Learning outcome:**

At the completion of this educational activity, the learner will be able to demonstrate knowledge about providing resident-centered care for the individual with Alzheimer's disease and related disorders (ADRD) by passing a quiz with 85% or greater accuracy.

### **Learning objectives:**

At the completion of this educational activity, the learner will be able to:

1. State causes and diagnosis of Alzheimer's Disease/Related Disorders (ADRD)
2. Identify common behaviors associated with residents with ADRD.
3. Recognize causes of common behaviors and strategies for managing challenging behaviors
4. Select strategies for promoting ADLs for residents with AD or ADRD.
5. Determine appropriate group and individual activities for residents with ADRD
6. Discuss benefits of building a therapeutic environment through modification of the physical environment, schedules and routines and staff approaches.
7. Relate causes of stress for caregivers.
8. Recommend techniques for managing stress.
9. List family concerns when caring for a loved one with AD/ADRD.
10. Identify ethical issues faced when working with persons with ADRD.
11. State the ethical principles and approaches to care: autonomy, beneficence, and justice.

### **Author:**

Linda Shubert, MSN, RN, NPD-BC, CDP<sup>®</sup>

Linda is an approved FL DOEA trainer (#6095) for Nursing Home Alzheimer's Disease Curriculum. She has over 15 years of experience working with residents experiencing dementia. Linda has worked with geriatric patients across the continuum of eldercare as a rehab nurse, geriatric nurse case manager, Director of Nursing, consultant, instructor, and clinical professor. Most recently, she served as the Director of Education at a 180-bed long-term care facility. In this role, she developed, implemented, and evaluated competency-based staff education to comply with regulatory training mandates. Serving as an educator for 150 employees and a clinical nurse resource for 58 nurses and 110 CNAs. She enjoys developing creative learning that engages the learners and motivates them to be competent and resident-centered caregivers.

**Planning committee:**

Judy Hoff, RN, BSN, MA, PhD

Linda Shubert, MSN, RN, NPD-BC, CDP®

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**ANCC continuing professional development information:**

Healthcare Academy is accredited as a provider of nursing continuing professional development by the American Nurses Credentialing Center's Commission on Accreditation.

**ANCC disclosure and program information:**

Participants will be required to complete the entire educational activity, quiz, and evaluation form. There will be no endorsements of products or off-label use.

There are no relevant financial relationships for any individual in a position to control the content of this activity.

**EXPIRATION:** The expiration date for this educational activity is April 1, 2026. No contact hours will be awarded to participants who fail to submit evaluation forms. Please contact Healthcare Academy with questions.

**Alzheimer's Association:**

Alzheimer's and Dementia Care Training Program by Healthcare Academy is recognized by the Alzheimer's Association® for incorporating the evidenced-based Dementia Care Practice Recommendations in the following topic areas: Alzheimer's and dementia, person-centered care, assessment and care planning, activities of daily living, and behaviors and communication.

\*The Alzheimer's Association statement of recognition is not an endorsement of the professional training or evaluation of the care provided by the organization. The statement is valid for two years from the date of issue (4/1/2026).

**Florida Department of Elder Affairs**

This program has been approved by the Florida Department of Elder Affairs on 10/26/2023. The approval number for the English curriculum is NH 10307. The curriculum is approved for three (3) years from this date and will expire on 10/26/2026.

**NAB/NCERS:**

This program has been approved for Continuing Education for 1.0 total participant hours by NAB/NCERS—Approval #20251111-3-A107292-DL