

Promotional: Addressing Spiritual Distress in Healthcare

****You MUST print this for Continuing Education purposes and keep with your certificate of completion.**

Requirements:

For successful completion of this educational activity and receipt of 1.0 contact hour(s), the learner must:

1. Participate in 60 minutes of continuous learning.
2. Complete a quiz with a minimum score of 85%.
3. Complete an evaluation form.

Educational activity description:

Spiritual care is a core factor in person-centered care. Spiritual pain or distress impacts the quality of life experienced by individuals and affects their physical, emotional, and mental well-being. Individuals who receive caring and competent treatment of their spiritual distress are more satisfied with their overall experience in healthcare environments. This educational activity explores interventions to promote person-care spiritual care.

Target audience:

The target audience for this educational activity is nurses in long-term care and other interested staff. This is an intermediate level educational activity. Information is geared to practitioners with a general working knowledge of current practice trends and literature related to the subject matter. The focus is on increasing understanding and competent application of the subject matter.

Purpose:

The purpose of this educational activity is to enable the learner to identify interventions for promoting person-centered spiritual care.

Learning outcome:

At the completion of this educational activity, the learner will be able to demonstrate knowledge about spiritual care by passing a quiz with 85% or greater accuracy.

Learning objectives:

At the completion of this educational activity, the learner will be able to:

1. Identify three (3) techniques in offering spiritual care.
2. Identify three (3) signs of spiritual distress.
3. Identify three (3) ways of consoling a person experiencing spiritual distress

Author:

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Don is the founder and CEO of Christians Caring for Creation, Inc. and currently serves as Adjunct Professor of Religion at Lenoir-Rhyne University. Prior to that he served for 35 years in pastoral ministry in Virginia and North Carolina. He earned a Doctor of Ministry degree from Columbia Theological Seminary (PCUSA), a M.Div. from Southeastern Baptist Theological Seminary. Don has authored several books in the fields of church history, spiritual formation, and children's religious education. He has recently served on the Board of Trustees for Campbell University in North Carolina and the Board of Directors for The Baptist Center for Ethics in Nashville, Tennessee. Don has spent many hours offering spiritual care in hospitals, hospice care facilities, nursing homes and assisted living facilities with many people he knew well or not at all, including his mother who lived for five years in such an environment.

Planning committee:

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ANCC continuing professional development information:

Healthcare Academy is accredited as a provider of nursing continuing professional development by the American Nurses Credentialing Center's Commission on Accreditation.

ANCC disclosure and program information:

Participants will be required to complete the entire educational activity, quiz, and evaluation form. There will be no endorsements of products or off-label use.

There are no relevant financial relationships for any individual in a position to control content of this activity.

EXPIRATION: The expiration date for this educational activity is September 19, 2025. No contact hours will be awarded to participants who fail to submit evaluation forms. Please contact Healthcare Academy with questions.