

## Promotional: Alzheimer's Disease

**\*\*You MUST print this for Continuing Education purposes and keep with your certificate of completion.**

### **Requirements:**

For successful completion of this educational activity and receipt of 1.0 contact hour(s), the learner must:

1. Participate in 60 minutes of continuous learning.
2. Complete a quiz with a minimum score of 85%.
3. Complete an evaluation form.

### **Educational activity description:**

It is important that caregivers working in the nursing home setting be familiar with Alzheimer's disease (AD) in order to deliver care that maximizes the quality of the life of those afflicted with this disease. Understanding the stages as well as the behaviors and cognitive skill level of each phase enables caregivers to provide individualized, person-centered care for these individuals in a caring and compassionate way. This educational activity is an in-depth, comprehensive look at AD with a clinical focus, intended for the licensed nurse. Other non-clinical team members would benefit from the HCA course Alzheimer's Disease: The Facts.

### **Target audience:**

The target audience for this educational activity is nurses and social workers in the long-term care setting and other interested nurses. This is an intermediate level educational activity. Information is geared to practitioners with a general working knowledge of current practice trends and literature related to the subject matter. The focus is on increasing understanding and competent application of the subject matter.

### **Learning outcome:**

At the completion of this educational activity, the learner will be able to demonstrate knowledge about Alzheimer's disease by passing a quiz with 85% or greater accuracy.

### **Learning objectives:**

At the completion of this educational activity, the learner will be able to:

1. Recognize the pathological definition of Alzheimer's disease.
2. Identify three (3) behavioral changes seen in Alzheimer's disease.
3. Select three (3) interventions to deal with behaviors associated with Alzheimer's disease.

### **Author:**

Deanna Hodges, OTR/L, ATP

Deanna has been practicing occupational therapy for over 37 years. She currently works in acute care at Mayo Hospital in Jacksonville, Florida. Prior to acute care, she worked for over 25 years in long term care, skilled nursing facilities and short-term rehabilitation. She currently is a Dementia Care Specialist. She is an instructor and practitioner in the utilization of the assessment of cognitive skill levels and in the provision of treatment techniques to enable the patients and residents to perform at their best ability to function in activities of daily living.

### **Reviewer:**

Asa Morin, MSW, LICSW, LNHA

Asa is both a Licensed Independent Clinical Social Worker and a Licensed Nursing Home Administrator. She currently works at a State Veterans Home as the Deputy Administrator and oversees the Behavioral Health Department, directing the mental health services provided to the Veterans at the home. She has worked with Veterans in mental health for over 12 years. Asa has worked in private practice, treating patients with severe mental illness, PTSD, and suicidal ideation. She has experience in conducting suicidal risk assessments with Veterans and partnering with healthcare facilities to ensure they receive the needed services for recovery.

**Planning committee:**

Judy Hoff, RN, BSN, MA, PhD  
Jessica Burkybile, MSN, RN, NPD-BC- CPN  
Deanna Hodges, OTR/L, ATP  
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**ANCC continuing professional development information:**

Healthcare Academy is accredited as a provider of nursing continuing professional development by the American Nurses Credentialing Center's Commission on Accreditation.

**ANCC disclosure and program information:**

Participants will be required to complete the entire educational activity, quiz, and evaluation form. There will be no endorsements of products or off-label use.

There are no relevant financial relationships for any individual in a position to control the content of this activity.

**EXPIRATION:** The expiration date for this educational activity is April 16, 2028. No contact hours will be awarded to participants who fail to submit evaluation forms. Please contact Healthcare Academy with questions.

**Disclaimer: Content Advisory**

Some courses may touch upon sensitive, controversial, or uncomfortable topics that could evoke emotional or psychological distress. Our goal at Healthcare Academy is to foster a respectful and inclusive learning environment and provide educational topics to support your work and your facility. We understand that these topics can elicit strong emotional responses. We want to ensure that you are aware of this before proceeding. If at any point you find the content overwhelming or distressing, we encourage you to take a break, seek support from a trusted individual, or discontinue participation in the course if necessary. By continuing with this course, you acknowledge and understand the potential triggering nature of the content. You take full responsibility for your engagement with the material, and the course creators, instructors, and platform including Healthcare Academy shall not be held liable for any emotional, psychological, or other adverse effects experienced because of your participation. If you have any concerns or questions regarding the course content, please contact your organizations Healthcare Academy representative for further guidance.

Copywrite Dates:2007, R1\_09.12.2008, R2\_08.11.2009\_SME, R3\_01.05.2010, R4\_12.22.2010, R5\_06.11.2011\_SME, R6\_11.15.2013, R7\_03.17.2014\_SME, R8\_09.25.2017, R9\_08.20.2018\_SME, R10\_09.06.2018, R11\_11.19.2020\_SME, R12\_04.01.2022\_SME, R13\_04.16.2025\_SME

## Alzheimer's Disease Continuing Education Information

### Social Workers

#### **NASW continuing education information:**

This program was approved by the National Association of Social Workers (Approval # 886709333-5306) for 1.0 Social Work continuing education contact hours.

Expiration: 2-28-2026

#### **NASW disclosure information:**

Disclosures for planning committee Judy Hoff, RN, BSN, MA, PhD, Linda Shubert, MSN, RN, Deanna Hodges, OTR/L, ATP and Mary DaCorta, LCSW have no relevant relationships and no conflicts of interest.