

Promotional: Cultural Competence

****You MUST print this for Continuing Education purposes and keep with your certificate of completion.**

Requirements:

For successful completion of this educational activity and receipt of 2.0 contact hour(s), the learner must:

1. Participate in 120 minutes of continuous learning.
2. Complete a quiz with a minimum score of 85%.
3. Complete an evaluation form.

Educational activity description:

Government regulations for long-term care facilities and home health require offering person-centered care that takes into consideration cultural background. All healthcare workers need to work toward cultural competency. The goal of cultural competency in healthcare is to give the highest quality of care to everyone. This educational activity explores the importance of respecting the differences in people and being sensitive to a person's beliefs.

Target audience:

The target audience for this educational activity is nurses in across all practice settings and other interested staff. This is an intermediate level educational activity. Information is geared to practitioners with a general working knowledge of current practice trends and literature related to the subject matter. The focus is on increasing understanding and competent application of the subject matter.

Learning outcome:

At the completion of this educational activity, the learner will be able to demonstrate knowledge about cultural competence by passing a quiz with 85% or greater accuracy.

Learning objectives:

At the completion of this educational activity, the learner will be able to:

1. Identify two (2) religious beliefs that may affect how a person views health care.
2. Choose three (3) ways way to show a veteran that their service and experiences are valued.
3. Select two (2) goals of culturally competent care for those with developmental disabilities.

Author:

Lois Platt, MSN, RN

Ms. Platt has had extensive experience in a variety of health care settings, including as Staff Development Coordinator in a Long-Term Care facility. She also worked as a Term Assistant Professor of Nursing for the University of Alaska Anchorage AAS Nursing Program for many years as well as coordinating and teaching a Certified Nursing Assistant Program. Prior to entering nursing education, Ms. Platt worked in both staff nurse and Clinical Resource Manager positions in a small Critical Access Hospital in rural Alaska. Her work experience also includes staff and charge positions on Medical-Surgical and Intensive Care Units. Ms. Platt obtained a Diploma in nursing from Joseph Lawrence School of Nursing in New London, Connecticut; a Bachelor of Science in Nursing from St. Joseph College in West Hartford, Connecticut; and a Master of Science in Nursing Education from the University of Alaska, Anchorage, Alaska.

Planning committee:

Judy Hoff, RN, BSN, MA, PhD
Linda Shubert, MSN, RN
Lois Platt, MSN, RN

ANCC continuing professional development information:

Healthcare Academy is accredited as a provider of nursing continuing professional development by the American Nurses Credentialing Center's Commission on Accreditation.

ANCC disclosure and program information:

Participants will be required to complete the entire educational activity, quiz, and evaluation form. There will be no endorsements of products or off-label use.

Disclosures for planning committee Judy Hoff, RN, BSN, MA, PhD, Linda Shubert, MSN, RN, and Lois Platt, MSN, RN have no relevant relationships and no conflicts of interest.

EXPIRATION: The expiration date for this educational activity is January 19, 2026. No contact hours will be awarded to participants who fail to submit evaluation forms. Please contact Healthcare Academy with questions.

Oregon Health Authority:

This course meets the cultural competence continuing education criteria established by the Advisory Committee described in [OAR 950-040-0000 through 950-040-0020](#). This course is approved by the Oregon Health Authority (OHA) as a CE Provider from May 10, 2024 through May 10, 2026, to train: Home Care Worker, Long Term Care Administrator, Nurse, Occupational Therapist, Physical Therapist, Respiratory Therapist/Polysomnographic Technologist, Social Worker, and Speech-Language Pathologist/Audiologist. For a copy of the written notice of OHA's approval, please contact Healthcare Academy (contact@healthcareacademy.com).

Nevada Department of Health and Human Services

This course has been approved by the Nevada Department of Health and Human Services, Division of Public and Behavioral Health, Bureau of Health Care Quality and Compliance (HCQC) on 1/8/2025. The course approval number is CCT-2025-032. The curriculum is approved for three (3) years from this date and will expire on 1/8/2028.