

Promotional: Diabetes Basics

You **MUST print this for Continuing Education purposes and keep with your certificate of completion.

Requirements:

For successful completion of this educational activity and receipt of 1.0 contact hour(s), the learner must:

1. Participate in 60 minutes of continuous learning.
2. Complete a quiz with a minimum score of 85%.
3. Complete an evaluation form.

Educational activity description:

Diabetes is a disease of the endocrine system that can lead to serious complications if not recognized, treated, and monitored. It can be a life-long disease once it occurs and so may be encountered by the nurse working in the long-term care setting. This course provides a knowledge base for nurses to be able to competently care for individuals with all presentations of diabetes.

Target audience:

The target audience for this educational activity is nurses in long term care and other interested nurses. This is an intermediate level educational activity. Information is geared to practitioners with a general working knowledge of current practice trends and literature related to the subject matter. The focus is on increasing understanding and competent application of the subject matter.

Learning outcome:

At the completion of this educational activity, the learner will demonstrate knowledge about diabetes by passing a quiz with a score of 85% or greater accuracy.

Learning objectives:

At the completion of this educational activity, the learner will be able to:

1. Identify five (5) signs and symptoms of diabetes.
2. Select three (3) treatment options for a person with diabetes.
3. Identify four (4) conditions that would indicate a need to notify the physician.

Author:

Lois A. Platt MS, RN

Ms. Platt is retired from a Staff Development Coordinator position in a Long-Term Care facility in Arizona. She worked as a Term Assistant Professor of Nursing for the University of Alaska Anchorage AAS Nursing Program for many years as well as coordinating and teaching the Certified Nursing Assistant Program in Valdez, Alaska. Prior to entering nursing education, Ms. Platt worked in both staff nurse and Clinical Resource Manager positions in a Critical Access Hospital in rural Alaska. She has also worked in both staff and charge nurse positions in an Intensive Care Unit in Connecticut. Ms. Platt obtained a Diploma in nursing from Joseph Lawrence School of Nursing in New London, Connecticut; a Bachelor of Science in Nursing from St. Joseph College in West Hartford, Connecticut; and a Masters of Science in Nursing Education from the University of Alaska, Anchorage, Alaska.

Reviewer:

Esther Yunkin, RN

Ms. Yunkin is a skilled nurse with over 20 years' experience providing patient care in a variety of settings. She has worked in emergency departments throughout the United States in a variety of roles, including charge nurse, preceptor, and quality assurance. Ms. Yunkin obtained a Bachelor of Arts in Nursing from the College of St. Scholastica and is a Holistic Health Educator through The National Institute of Whole Health.

Planning committee:

Judy Hoff, RN, BSN, MA, PhD
Jessica Burkybile, MSN, RN, NPD-BC
Amanda Keith, PhD, RN, PHN
Lois A. Platt MS, RN
Esther Yunkin, RN

ANCC continuing professional development information:

Healthcare Academy is accredited as a provider of nursing continuing professional development by the American Nurses Credentialing Center's Commission on Accreditation.

ANCC disclosure and program information:

Participants will be required to complete the entire educational activity, quiz, and evaluation form. There will be no endorsements of products or off-label use.

There are no relevant financial relationships for any individual in a position to control content of this activity.

EXPIRATION: The expiration date for this educational activity is January 27, 2026. No contact hours will be awarded to participants who fail to submit evaluation forms. Please contact Healthcare Academy with questions.

California Department of Public Health:

This course is approved by the CDPH. Provider ID (NAC#): 7045

Disclaimer: Time in Course

If you intend to use this course for continuing education credit, you MUST be in the course for the stated amount of time. If you do not meet the required time, your certificate may be deemed invalid.

Disclaimer: Content Advisory

Some courses may touch upon sensitive, controversial, or uncomfortable topics that could evoke emotional or psychological distress. Our goal at Healthcare Academy is to foster a respectful and inclusive learning environment and provide educational topics to support your work and your facility. We understand that these topics can elicit strong emotional responses. We want to ensure that you are aware of this before proceeding. If at any point you find the content overwhelming or distressing, we encourage you to take a break, seek support from a trusted individual, or discontinue participation in the course if necessary. By continuing with this course, you acknowledge and understand the potential triggering nature of the content. You take full responsibility for your engagement with the material, and the course creators, instructors, and platform including Healthcare Academy shall not be held liable for any emotional, psychological, or other adverse effects experienced because of your participation. If you have any concerns or questions regarding the course content, please contact your organizations Healthcare Academy representative for further guidance.

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