

Promotional: Parkinson's Disease

You **MUST print this for Continuing Education purposes and keep with your certificate of completion.

Requirements:

For successful completion of this educational activity and receipt of 1.0 contact hour(s), the learner must:

1. Participate in 60 minutes of continuous learning.
2. Complete a quiz with a minimum score of 85%.
3. Complete an evaluation form.

Educational activity description:

Parkinson's disease is the most common movement disorder and the second most common neurodegenerative disorder following Alzheimer's disease. It is important for clinical staff to recognize the classic presentation in the individuals that they care for. This educational activity outlines best practices for providing person-centered care for the individual living with Parkinson's disease.

Target audience:

The target audience for this educational activity is nursing in the long-term care setting and other interested staff. This is an intermediate level educational activity. Information is geared to practitioners with a general working knowledge of current practice trends and literature related to the subject matter. The focus is on increasing understanding and competent application of the subject matter.

Learning outcome:

At the completion of this educational activity, the learner will be able to demonstrate knowledge about Parkinson's disease by passing a quiz with a score of 85% or greater.

Learning objectives:

At the completion of this educational activity, the learner will be able to:

1. List five (5) classic signs of Parkinson's disease.
2. List four (4) factors that are felt to play a role in the development of Parkinson's disease.
3. Identify three (3) care considerations for individuals with Parkinson's disease.

Author:

Brittany Phillips, PT, DPT, OCS

Dr. Brittany Phillips is an Orthopedic Clinical Specialist (OCS) through the American Physical Therapy Association (APTA). She treats a diverse patient population, including patients with orthopedic conditions, sports rehabilitation, as well as neurologic conditions and oncology. She has a particular interest in Parkinson's disease (PD) and holds a certification as a LSVT Big physical therapist for the treatment of patients with Parkinson's disease. Dr. Phillips has authored many continuing education courses on Parkinson's disease and participated in community outreach programs for individuals with PD.

Reviewer:

Emily McPherson, PT, DPT, OCS

Ms. McPherson is an experienced physical therapist with a doctorate of physical therapy from Western Kentucky University. She has experience in functional dry needling, orthopedic assessment and treatment, EMR, rehabilitation and neuroscience. As a staff physical therapist, Ms. McPherson has acted as a mentor for fellow therapists, residents and students as well as created and evaluated plans of care for patients experiencing orthopedic and neurological conditions.

Planning committee:

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ANCC continuing professional development information:

Healthcare Academy is accredited as a provider of nursing continuing professional development by the American Nurses Credentialing Center's Commission on Accreditation.

ANCC disclosure and program information:

Participants will be required to complete the entire educational activity, quiz, and evaluation form. There will be no endorsements of products or off-label use.

There are no relevant financial relationships for any individual in a position to control content of this activity.

EXPIRATION: The expiration date for this educational activity is April 22, 2029. No contact hours will be awarded to participants who fail to submit evaluation forms. Please contact Healthcare Academy with questions.

Disclaimer: Time in Course

If you intend to use this course for continuing education credit, you MUST be in the course for the stated amount of time. If you do not meet the required time, your certificate may be deemed invalid.

Disclaimer: Content Advisory

Some courses may touch upon sensitive, controversial, or uncomfortable topics that could evoke emotional or psychological distress. Our goal at Healthcare Academy is to foster a respectful and inclusive learning environment and provide educational topics to support your work and your facility. We understand that these topics can elicit strong emotional responses. We want to ensure that you are aware of this before proceeding. If at any point you find the content overwhelming or distressing, we encourage you to take a break, seek support from a trusted individual, or discontinue participation in the course if necessary. By continuing with this course, you acknowledge and understand the potential triggering nature of the content. You take full responsibility for your engagement with the material, and the course creators, instructors, and platform including Healthcare Academy shall not be held liable for any emotional, psychological, or other adverse effects experienced because of your participation. If you have any concerns or questions regarding the course content, please contact your organizations Healthcare Academy representative for further guidance.

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California Department of Public Health:

This course is approved by the CDPH. Provider ID (NAC#): 7045