

Promotional: Restorative Care

****You MUST print this for Continuing Education purposes and keep with your certificate of completion.**

Requirements:

For successful completion of this educational activity and receipt of 1.0 contact hour(s), the learner must:

1. Participate in 60 minutes of continuous learning. Course time is calculated using the Mergener Formula.
2. Complete a quiz with a minimum score of 85%.
3. Complete an evaluation form.

Educational activity description:

This educational activity introduces the goals of a restorative care program, and activities that may be provided by the restorative nursing staff with the outcome of improving the person's quality of life, while helping them remain as independent as possible. The roles of various members of the health care team and specific techniques for assisting with range of motion exercises, walking, and transfers are presented.

Target audience:

The target audience for this educational activity is nursing assistants in the long-term care setting.

Learning outcome:

At the completion of this educational activity, the learner will be able to demonstrate knowledge about restorative care by passing a quiz with 85% or greater accuracy.

Learning objectives:

At the completion of this educational activity, the learner will be able to:

1. List two (2) goals of a restorative nursing program.
2. Identify three (3) requirements of a restorative nursing program
3. Select three (3) activities that may be provided by the restorative nursing staff.

Author:

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Ms. Platt has had extensive experience in a variety of health care settings, including as Staff Development Coordinator in a Long-Term Care facility. She also worked as a Term Assistant Professor of Nursing for the University of Alaska Anchorage AAS Nursing Program for many years as well as coordinating and teaching a Certified Nursing Assistant Program. Prior to entering nursing education, Ms. Platt worked in both staff nurse and Clinical Resource Manager positions in a small Critical Access Hospital in rural Alaska. Her work experience also includes staff and charge nurse positions on Medical-Surgical and Intensive Care Units. Ms. Platt obtained a Diploma in nursing from Joseph Lawrence School of Nursing in New London, Connecticut; a Bachelor of Science in Nursing from St. Joseph College in West Hartford, Connecticut; and a Master of Science in Nursing Education from the University of Alaska, Anchorage, Alaska.

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