

Promotional: Vital Sign Competence

You **MUST print this for Continuing Education purposes and keep with your certificate of completion.

Requirements:

For successful completion of this educational activity and receipt of 1.0 contact hour(s), the learner must:

1. Participate in 60 minutes of continuous learning.
2. Complete a quiz with a minimum score of 85%.
3. Complete an evaluation form.

Educational activity description:

Obtaining accurate vital signs is a valuable skill. Much of the medical management of an individual's care is driven by their vital signs making it necessary for caregivers to be competent in this skill. This educational activity provides a look at techniques for obtaining accurate vital signs. It provides the learner with opportunities to apply their knowledge to clinical scenarios.

Target audience:

The target audience for this educational activity is nurses across all healthcare settings and other interested learners. This is an intermediate level educational activity. Information is geared to practitioners with a general working knowledge of current practice trends and literature related to the subject matter. The focus is on increasing understanding and competent application of the subject matter.

Readability/Reading Level:

The readability/reading level of this course is 13th-15th grade.

Learning outcome:

At the completion of this educational activity, the learner will be able to demonstrate knowledge about vital signs by passing a quiz with 85% or greater accuracy.

Learning objectives:

At the completion of this educational activity, the learner will be able to:

1. Select four (4) accuracy considerations related to vital signs.
2. Identify three (3) points at which vital signs should be obtained.
3. Apply vital sign knowledge to select two (2) clinical situations.

Author:

Linda Shubert, MSN, RN, NPD-BC, CDP

Linda is an approved FL DOEA trainer (#6095) for Nursing Home Alzheimer's Disease Curriculum with over 20 years of experience working with persons living with dementia. Linda has worked with older adults across the continuum of eldercare as a rehab nurse, geriatric nurse case manager, Director of Nursing, consultant, instructor, and clinical professor. She has served as the Director of Education at 240 and 180-bed long-term care facilities. In this role, she developed, implemented, and evaluated competency-based staff education to comply with regulatory training mandates. Linda appreciates bedside caregivers and enjoys developing creative learning that engages the learners and motivates them to be competent and person-centered caregivers.

Reviewer:

Kim Hipkiss, RN, BSN

Kim is a Registered Nurse with thirty-seven years combined experience. She worked as a rehabilitation nurse and in management while providing staff education as a preceptor for new nurses and as a skills trainer for new nurse aides. Kim assisted in developing policies and procedures for East Carolina University Medical Center in Greenville, NC, and served on the Nursing Leadership Committee analyzing industry trends and solutions. In her home health experience, she worked as a field nurse providing care to a diverse patient population and as a Patient Care Manager supervising the healthcare team. Promoting competent and compassionate patient care in the clinical setting and student mastery of concepts and skills, Kim worked as an educator and nurse aide instructor for 26 years.

Planning committee:

Judy Hoff, RN, BSN, MA, PhD

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ANCC continuing professional development information:

Healthcare Academy is accredited as a provider of nursing continuing professional development by the American Nurses Credentialing Center's Commission on Accreditation.

ANCC disclosure and program information:

Participants will be required to complete the entire educational activity, quiz, and evaluation form. There will be no endorsements of products or off-label use.

There are no relevant financial relationships for any individual in a position to control the content of this activity.

EXPIRATION: The expiration date for this educational activity is June 21, 2027. No contact hours will be awarded to participants who fail to submit evaluation forms. Please contact Healthcare Academy with questions.

California Department of Public Health:

This course is approved by the CDPH. Provider ID (NAC#): 7045