

Promotional: Caring for the Person with Developmental Disabilities

You **MUST print this for Continuing Education purposes and keep with your certificate of completion.

Requirements:

For successful completion of this educational activity and receipt of 1.0 contact hour(s), the learner must:

1. Participate in 60 minutes of continuous learning.
2. Complete a quiz with a minimum score of 85%.
3. Complete an evaluation form.

Educational activity description:

Healthcare workers caring for persons with developmental and intellectual disabilities and traumatic brain injury face unique challenges. It is important to know how to deliver person-centered care to this population. This educational activity provides best practices for communicating and recognizing and responding to challenging behaviors for persons who live with these disabilities. The target audience includes any staff who may interact with persons living with these disabilities.

Target audience:

The target audience for this educational activity is nurses in the long-term care setting and healthcare workers in the assisted living setting. This is an intermediate level educational activity. Information is geared to practitioners with a general working knowledge of current practice trends and literature related to the subject matter. The focus is on increasing understanding and competent application of the subject matter

Learning outcome:

At the completion of this educational activity, the learner will be able to demonstrate knowledge about caring for a person with developmental disabilities by passing a quiz with 85% or greater accuracy.

Learning objectives:

At the completion of this educational activity, the learner will be able to:

1. Identify three (3) strategies for managing challenging behaviors among adults with developmental disabilities.
2. Select three (3) environmental modifications that may help to address behaviors among adults with developmental disabilities.
3. Choose three (3) possible complications of a traumatic brain injury.

Author:

Lois Platt, MSN, RN

Ms. Platt has had extensive experience in a variety of health care settings, including as Staff Development Coordinator in a Long-Term Care facility. She also worked as a Term Assistant Professor of Nursing for the University of Alaska Anchorage AAS Nursing Program for many years as well as coordinating and teaching a Certified Nursing Assistant Program. Prior to entering nursing education, Ms. Platt worked in both staff nurse and Clinical Resource Manager positions in a small Critical Access Hospital in rural Alaska. Her work experience also includes staff and charge nurse positions on Medical-Surgical and Intensive Care Units. Ms. Platt obtained a Diploma in nursing from Joseph Lawrence School of Nursing in New London, Connecticut; a Bachelor of Science in Nursing from St. Joseph College in West Hartford, Connecticut; and a Master of Science in Nursing Education from the University of Alaska, Anchorage, Alaska.

Reviewer:

Esther Yunkin, RN

Ms. Yunkin is a skilled nurse with over 20 years' experience providing patient care in a variety of settings. She has worked in emergency departments throughout the United States in a variety of roles, including charge nurse, preceptor, and quality assurance. Ms. Yunkin obtained a Bachelor of Arts in Nursing from the College of St. Scholastica and is a Holistic Health Educator through The National Institute of Whole Health.

Planning committee:

Judy Hoff, RN, BSN, MA, PhD

Jessica Burkybile, MSN, RN, NPD-BC

Lois Platt, MSN, RN

Esther Yunkin, RN

ANCC continuing professional development information:

Healthcare Academy is accredited as a provider of nursing continuing professional development by the American Nurses Credentialing Center's Commission on Accreditation.

ANCC disclosure and program information:

Participants will be required to complete the entire educational activity, quiz, and evaluation form. There will be no endorsements of products or off-label use.

Disclosures for planning committee Judy Hoff, RN, BSN, MA, PhD, Linda Shubert, MSN, RN, and Lois Platt, MSN, RN have no relevant relationships and no conflicts of interest.

EXPIRATION: The expiration date for this educational activity is January 9, 2028. No contact hours will be awarded to participants who fail to submit evaluation forms. Please contact Healthcare Academy with questions.

Caring for the Person with Developmental Disabilities Continuing Education Information

Activity Professionals

NCCAP continuing education information:

This course was approved by the National Certification Council for Activity Professionals (Approval # NCCAP5028658-26NT) for 1.0 Continuing Education hours.

Approval Number: NCCAP5028658-26NT

Approved CE Hour(s): 1.0

Course Expiration Date: 7/15/2026