

Promotional: Clinical Management of Cervical Neck Pain

You **MUST print this for Continuing Education purposes and keep with your certificate of completion.

Requirements:

For successful completion of this educational activity and receipt of 1.0 contact hour(s), the learner must:

1. Participate in 60 minutes of continuous learning.
2. Complete a quiz with a minimum score of 85%.
3. Complete an evaluation form.

Educational activity description:

Cervical pain is a leading cause of chronic pain. Early intervention helps lessen the likelihood of the pain becoming chronic and impacting an individual's quality of life. This educational activity explores causes and treatments that promote the best outcomes for persons experiencing cervical pain.

Target audience:

The target audience for this educational activity is physical therapists and physical therapy assistants across all healthcare settings. This is an intermediate level educational activity.

Readability/Reading Level:

The readability/reading level of this course is college graduate.

Learning outcome:

At the completion of this educational activity, the learner will be able to demonstrate knowledge about clinical management of cervical pain by passing a quiz with 85% or greater accuracy.

Learning objectives:

At the completion of this educational activity, the learner will be able to:

1. Select two (2) red flags signs/ symptoms indicative of a medical referral.
2. Identify three (3) cervical special tests appropriate for assessing cervical pain.
3. Analyze results from assessment findings to establish an evidence-based treatment program for two (2) diagnoses.

Author:

Brittany Phillips, PT, DPT, OCS

Dr. Brittany Phillips is a board-certified Orthopedic Certified Specialist (OCS) physical therapist through the American Physical Therapy Association (APTA). Her clinical experience covers a wide array of diagnoses, including neurology, oncology, and pelvic rehabilitation. In addition to being an orthopedic specialist, Dr. Phillips holds a certification as a LSVT Big physical therapist, focusing on the treatment of patients with Parkinson's disease. Beyond her role as a clinician, Dr. Phillips serves as a Certified Clinical Instructor (CCI) for physical therapy and physical therapy assistant students, is a two-time finalist for the Florida Clinical Instructor of the Year and is an adjunct professor teaching anatomy and physiology to healthcare students.

Planning committee:

Judy Hoff, RN, BSN, MA, PhD

Linda Shubert, MSN, RN, NPJ-BC, CDP®

Jessica Burkybile, MSN, RN, NPJ-BC

Brittany Phillips, PT, DPT, OCS

Angela Stroup, OT/L

Clinical Management of Cervical Neck Pain Continuing Education Information

Physical Therapists

Healthcare Academy has approval in the states listed. Many states recognize the approval of other states. It is your responsibility to know your state accreditation guidelines to ensure that reciprocity is accepted in your state. For additional information, please contact Healthcare Academy.

PT Board	Hours	Expiration Date	Approval Number
Nevada Physical Therapy Board	0.1 CEU	7-19-26	NA
Ohio Physical Therapy Association	1.0 contact hour	9-1-26	25S2005

State physical therapy board and/or association disclosure information:

Disclosures for planning committee Judy Hoff, RN, BSN, MA, PhD, Linda Shubert, MSN, RN, and Brittany Phillips, PT, DPT, OCS have no relevant relationships and no conflicts of interest.

Occupational Therapists



American
Occupational Therapy
Association

Approved Provider

Healthcare Academy is an AOTA approved provider of professional development. Course approval ID #10034. This distance learning-independent activity is offered at 0.1 CEU, intermediate, Foundational Knowledge and OT Service Delivery. AOTA does not endorse specific activity content, products, or clinical procedures.

Note: In the case that the services of Healthcare Academy are cancelled by your employer and you are in the process of completing a course, please contact HCA at contact@healthcareacademy.com.

AOTA disclosure and program information:

Participants will be required to complete the entire lesson, post test and evaluation form. There will be no endorsements of products or off-label use.

Disclosures for planning committee Judy Hoff, RN, BSN, MA, PhD, Linda Shubert, MSN, RN, Jessica Burkybile, MSN, RN, NPD-BC, Brittany Phillips, PT, DPT, OCS, and Angela Stroup, OT/L have no relevant relationships and no conflicts of interest.

Note: these lessons are written at a professional level due to the subject matter. There are no prerequisites for this content.

Cancellation policy: N/A

The instructional methods for this program use adult learning principals that allow the learner to decide when and where to participate in this learning. This course is developed in an online method and uses outcomes-based methodology.

Note: The date of the program will appear on the certificate of participation at the completion of the courses. Location is determined by student.

Presented by Healthcare Academy:

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contact@healthcareacademy.com or <https://www.healthcareacademy.com>

Registration /instructional Information:

Your organization will assign the course work upon your request.

If you have special needs, please contact Healthcare Academy by phone 507-248-3310 or contact@healthcareacademy.com.

AOTA non-endorsement:

AOTA does not endorse specific course content, products, or clinical procedures.