

Promotional: Coding and Documentation of Activities of Daily Living

****You MUST print this for Continuing Education purposes and keep with your certificate of completion.**

Requirements:

For successful completion of this educational activity and receipt of 1.0 contact hour(s), the learner must:

1. Participate in 60 minutes of continuous learning.
2. Complete a quiz with a minimum score of 85%.
3. Complete an evaluation form.

Educational activity description:

Coding of activities of daily living (ADLs) is one of the most inaccurately coded sections of the Minimum Data Set (MDS). Inaccurate coding of ADLs can lead to inaccurate care plans, survey citations, and decreased reimbursement. This educational activity will outline best practices for accurately documenting a resident's self-care performance for ADLs.

Target audience:

The target audience for this educational activity is nurses and nursing assistants in the nursing home setting. This is an intermediate level educational activity.

Learning outcome:

At the completion of this educational activity, the learner will be able to demonstrate knowledge about coding and documentation of activities of daily living by passing a quiz with 85% or greater accuracy.

Learning objectives:

At the completion of this educational activity, the learner will be able to:

1. List the five (5) ADL self-performance measures.
2. Apply support provided codes to two (2) scenarios.
3. Identify the eleven (11) ADL categories that require coding.

Author:

Crystal Stivers, LPN, RAC-CT

Motivated by her dedication to the well-being of the geriatric population, Crystal received her LPN license from Arkansas State University in 2012. After the first few years working as a Charge Nurse in Skilled Nursing Facilities (SNF), she was promoted to MDS coordinator. As the facility MDS coordinator her focus was learning all aspects of the RAI process (MDS) including attending the PDPM training presented by the American Health Care Association. Among her many responsibilities, she actively contributed to the facility's QA and infection control programs. Within four years, Crystal was promoted to assistant director of nursing where she has expanded her experience in the long-term care setting by ensuring facility compliance to federal and state regulations. A member of the Arkansas Nursing Home Nurses Association, Crystal is a resident assessment coordinator certified as well as a Dementia Well-being Specialist.

Planning committee:

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