

Promotional: Cultural Competence in Practice

You **MUST print this for Continuing Education purposes and keep with your certificate of completion.

Requirements:

For successful completion of this educational activity and receipt of 1.0 contact hour(s), the learner must:

1. Participate in 60 minutes of continuous learning.
2. Complete a quiz with a minimum score of 85%.
3. Complete an evaluation form.

Educational activity description:

Cultural background and languages have a large impact on how individuals' access and respond to healthcare services. Cultural backgrounds also affect how healthcare providers work within the healthcare system. This educational activity will discuss some key factors that will help the learner develop an awareness of cultural influences that impact delivery of care.

Target audience:

The target audience for this educational activity is nurses, nursing home administrators, and social workers in the long-term care setting and other interested nurses. This is an intermediate level educational activity. Information is geared to practitioners with a general working knowledge of current practice trends and literature related to the subject matter. The focus is on increasing understanding and competent application of the subject matter.

Learning outcome:

At the completion of this educational activity, the learner will be able to demonstrate knowledge about cultural competency by passing a quiz with 85% or greater accuracy.

Learning objectives:

At the completion of this educational activity, the learner will be able to:

1. List five (5) components of an individual's cultural makeup.
2. Describe three (3) aspects of culture that affect an individual's healthcare decision making.
3. Describe four (4) aspects of communication to improve personal cultural competence.

Author:

Dian Renfro, MSN, RN

Dian has over 40 years of varied nursing experience including medical-surgical nursing, homecare, community, hospice, and education. Currently, Dian is a professor of nursing in a baccalaureate nursing program and teaches pharmacology, medical-surgical nursing, and community health. Dian has worked with both immigrant and refugee families in community health and has taught cultural competence at the university level. Cultural Awareness is important in all areas of healthcare. She believes that becoming sensitive to residents' backgrounds and beliefs helps to provide holistic comprehensive care which will speed healing and increase comfort and understanding.

Reviewer:

Marc A. Markell, Ph.D., CT

Marc Markell is a professor at St. Cloud State University. He earned a Ph.D. in Educational Psychology from the University of Minnesota. His primary areas of interest at St. Cloud State include teaching academic progress monitoring, literacy methods and strategies for students with special needs, behavior management, human Relations, and grief and loss education. He also supervises student teachers. Marc teaches graduate level courses Psychology of Lesbian, Gay, Bisexual, Transgender. He has written three books, several chapters, and many articles on issues related to diversity, oppression, grief, and academics.

Planning committee:

Judy Hoff, RN, BSN, MA, PhD
Linda Shubert, MSN, RN
Jessica Burkybile, MSN, RN, NPD-BC- CPN
Dian Renfro, MSN, RN
Mary DaCorta, LCSW
Marc A. Markell, Ph.D., CT

ANCC continuing professional development information:

Healthcare Academy is accredited as a provider of nursing continuing professional development by the American Nurses Credentialing Center's Commission on Accreditation.

ANCC disclosure and program information:

Participants will be required to complete the entire educational activity, quiz, and evaluation form. There will be no endorsements of products or off-label use.

There are no relevant financial relationships for any individual in a position to control content of this activity.

EXPIRATION: The expiration date for this educational activity is March 18, 2028. No contact hours will be awarded to participants who fail to submit evaluation forms. Please contact Healthcare Academy with questions.

NAB/NCERS:

This program has been approved for Continuing Education for 1 total participant hours by NAB/NCERS—Approval #20260226-1-A109205-DL.

Disclaimer: Time in Course

If you intend to use this course for continuing education credit, you **MUST** be in the course for the stated amount of time. If you do not meet the required time, your certificate may be deemed invalid.

Disclaimer: Content Advisory

Some courses may touch upon sensitive, controversial, or uncomfortable topics that could evoke emotional or psychological distress. Our goal at Healthcare Academy is to foster a respectful and inclusive learning environment and provide educational topics to support your work and your facility. We understand that these topics can elicit strong emotional responses. We want to ensure that you are aware of this before proceeding. If at any point you find the content overwhelming or distressing, we encourage you to take a break, seek support from a trusted individual, or discontinue participation in the course if necessary. By continuing with this course, you acknowledge and understand the potential triggering nature of the content. You take full responsibility for your engagement with the material, and the course creators, instructors, and platform including Healthcare Academy shall not be held liable for any emotional, psychological, or other adverse effects experienced because of your participation. If you have any concerns or questions regarding the course content, please contact your organizations Healthcare Academy representative for further guidance.

Copywrite Dates: February 2019, R1_04.01.2022_SME, R2_03.18.2025

Cultural Competence in Practice Continuing Education Information

Social Workers

NASW continuing education information:

This program was approved by the National Association of Social Workers (Approval #886709333-5130) for 1.0 Social Work continuing education contact hours.

Expiration: 2-28-2026

NASW disclosure information:

Disclosures for planning committee, Judy Hoff, RN, BSN, MA, PhD, Dian Renfro, MSN, RN, and Mary DaCorta, LCSW have nothing to disclose and no conflict of interest.

Activity Professionals

NCCAP continuing education information:

This course was approved by the National Certification Council for Activity Professionals (Approval #NCCAP500882-25NT) for 1.0 Continuing Education hours.

Approval Number: NCCAP500882-25NT

Approved CE Hour(s): 1.0

Course Expiration Date: 5/15/2025