

# **Promotional: Death, Dying and Postmortem Care**

\*\*You MUST print this for Continuing Education purposes and keep with your certificate of completion.

# **Requirements**:

For successful completion of this educational activity and receipt of 1.0 contact hour(s), the learner must:

- 1. Participate in 60 minutes of continuous learning.
- 2. Complete a guiz with a minimum score of 85%.
- 3. Complete an evaluation form.

#### **Educational activity description:**

This educational activity outlines the caregiver's role and priorities when caring for individuals with a terminal illness at the end of life. Healthcare workers (HCWs) in the long-term care and home health and hospice settings play a key role in helping individuals, families, and support persons at the EOL. When HCWs feel apprehensive about caring for individuals facing death care can be compromised. Competence in delivering care is needed to guide all persons throughout the stages of death and through the grief that accompanies the task. Being knowledgeable allows caregivers to provide compassionate, person-centered care during this time.

## **Target audience:**

The target audience for this educational activity is nurses in the long-term care and or the home health and hospice settings and any other interested nurses and or staff. This is an intermediate level educational activity. Information is geared to practitioners with a general working knowledge of current practice trends and literature related to the subject matter. The focus is on increasing understanding and competent application of the subject matter.

## Learning outcome:

At the completion of this educational activity, the learner will be able to demonstrate knowledge about end-of-life care by passing a quiz with 85% or greater accuracy.

#### Learning objectives:

At the completion of this educational activity, the learner will be able to:

- 1. Name the five (5) stages of grief.
- 2. Identify three (3) common fears about death.
- 3. List three (3) physical changes that occur during the dying process.

# Author:

Debbie Flippin, RN, MBA

Debbie has over 40 years of nursing experience specializing in end-of-life care, and chronic diseases. She has developed and implemented disease management programs for patients with chronic and life limiting conditions. Debbie has served in various positions within Home Health and Hospice, including case manager, team leader, Director of Professional Services, VP of Compliance and Regulation and Director of Accreditation. Debbie has worked in a variety of healthcare settings, including acute care, homecare and hospice offices, hospice inpatient unit, accreditation program and pediatric oncology. Debbie is currently a member of the NHPCO Education Committee. Debbie is committed to educating clinicians in chronic and end-of-life care and patient advocacy.

# Planning committee:

Judy Hoff, RN, BSN, MA, PhD Jessica Burkybile, MSN, RN, NPD-BC Amanda Keith, PhD, RN, PHN Debbie Flippin RN, MBA

# **ANCC continuing professional development information:**

Healthcare Academy is accredited as a provider of nursing continuing professional development by the American Nurses Credentialing Center's Commission on Accreditation.

## ANCC disclosure and program information:

Participants will be required to complete the entire educational activity, quiz, and evaluation form. There will be no endorsements of products or off-label use.

There are no relevant financial relationships for any individual in a position to control content of this activity.

**EXPIRATION**: The expiration date for this educational activity is August 14, 2028. No contact hours will be awarded to participants who fail to submit evaluation forms. Please contact Healthcare Academy with questions.

## **Disclaimer: Time in Course**

If you intend to use this course for continuing education credit, you MUST be in the course for the stated amount of time. If you do not meet the required time, your certificate may be deemed invalid.

# **Disclaimer: Content Advisory**

Some courses may touch upon sensitive, controversial, or uncomfortable topics that could evoke emotional or psychological distress. Our goal at Healthcare Academy is to foster a respectful and inclusive learning environment and provide educational topics to support your work and your facility. We understand that these topics can elicit strong emotional responses. We want to ensure that you are aware of this before proceeding. If at any point you find the content overwhelming or distressing, we encourage you to take a break, seek support from a trusted individual, or discontinue participation in the course if necessary. By continuing with this course, you acknowledge and understand the potential triggering nature of the content. You take full responsibility for your engagement with the material, and the course creators, instructors, and platform including Healthcare Academy shall not be held liable for any emotional, psychological, or other adverse effects experienced because of your participation. If you have any concerns or questions regarding the course content, please contact your organizations Healthcare Academy representative for further guidance.

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