

Promotional: Depression: A Comprehensive View

You **MUST print this for Continuing Education purposes and keep with your certificate of completion.

Requirements:

For successful completion of this educational activity and receipt of 1.0 contact hour(s), the learner must:

1. Participate in 60 minutes of continuous learning.
2. Complete a quiz with a minimum score of 85%.
3. Complete an evaluation form.

Educational activity description:

While progress has been made in treating physical illness of older adults, effective management of mental health conditions remains a health issue. Depressive disorders are common, costly and may affect the quality of life of an individual. A rise in mental illness in the older adult makes it important for facilities to have a plan executed to deal with this problem and provide person-centered care. Developing policies and procedures to assess all persons for depression will help identify those that need treatment. As a staff member interacting with older adults experiencing depression, it is your responsibility to recognize early signs of depression, report these signs, and support interactions listed on the plan of care.

Target audience:

The target audience for this educational activity is for nurses in the long-term care setting and other interested staff. This is an intermediate level educational activity.

Readability/Reading Level:

The readability/reading level of this course is 13th-15th grade.

Learning outcome:

At the completion of this educational activity, the learner will demonstrate knowledge about depression by passing a quiz with a score of 85% or greater accuracy.

Learning objectives:

At the completion of this educational activity, the learner will be able to:

1. Select three (3) screening tools used to assess level of depression.
2. Choose five (5) treatment pathways for depression.
3. Identify three (3) barriers to management of depression.

Author:

Nancy Slattery, BSN, RN

Nancy has over 38 years of nursing experience working in the behavioral health field including inpatient addiction treatment and case management. She has developed continuing education programs for clinical staff related to mental health and addiction. Nancy is an integral member of a multidisciplinary Behavioral Health team. She has revised the Safety plan and Depression assessment tool as well as assisted with completion of a two-part depression training course. She has participated in a webinar with the Medical Director and Pharmacist for an external audience targeting the opioid epidemic. She acts as a subject matter expert for all teams regarding behavioral health workflows and clinical content.

Planning committee:

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ANCC continuing professional development information:

Healthcare Academy is accredited as a provider of nursing continuing professional development by the American Nurses Credentialing Center's Commission on Accreditation.

ANCC disclosure and program information:

Participants will be required to complete the entire educational activity, quiz, and evaluation form. There will be no endorsements of products or off-label use.

There are no relevant financial relationships for any individual in a position to control the content of this activity.

EXPIRATION: The expiration date for this educational activity is April 26, 2027. No contact hours will be awarded to participants who fail to submit evaluation forms. Please contact Healthcare Academy with questions.