

Promotional: Evaluating and Treating the Arthritic Joint

****You MUST print this for Continuing Education purposes and keep with your certificate of completion.**

Requirements:

For successful completion of this educational activity and receipt of 1.0 contact hour(s), the learner must:

1. Participate in 60 minutes of continuous learning.
2. Complete a quiz with a minimum score of 85%.
3. Complete an evaluation form.

Educational activity description:

Arthritis is a very common group of conditions treated within a long-term care facility. Understanding how various forms of arthritis affect the musculoskeletal system as well as other body systems is key in creating the best plan of care for long-term success. This educational activity will focus on the more prevalent types of arthritis that may be treated in a long-term care facility setting.

Target audience:

The target audience for this educational activity is rehabilitation professionals across the long-term care and home health setting. This is an intermediate level educational activity.

Readability/Reading Level:

The readability/reading level of this course is 11th-12th grade.

Learning outcome:

At the completion of this educational activity, the learner will demonstrate knowledge about evaluating and treating the arthritic joint by passing a quiz with a score of 85% or greater accuracy.

Learning objectives:

At the completion of this educational activity, the learner will be able to:

1. Differentiate the clinical presentations of three (3) types of arthritis in the older adult.
2. Identify two (2) medical interventions that may be prescribed for osteoarthritis.
3. Compare two (2) evidence-based interventions for individuals with three (3) different types of arthritis to increase function.

Author:

Brittany Phillips, PT, DPT, OCS

Dr. Brittany Phillips is a board certified Orthopedic Certified Specialist (OCS) physical therapist through the American Physical Therapy Association (APTA). Her clinical experience covers a wide array of diagnoses, including neurology, oncology, and pelvic rehabilitation. In addition to being an orthopedic specialist, Dr. Phillips holds a certification as a LSVT Big physical therapist, focusing on the treatment of patients with Parkinson's disease. Beyond her role as a clinician, Dr. Phillips serves as a Certified Clinical Instructor (CCI) for physical therapy and physical therapy assistant students, is a two-time finalist for the Florida Clinical Instructor of the Year and is an adjunct professor teaching anatomy and physiology to healthcare students.

Planning committee:

Judy Hoff, RN, BSN, MA, PhD

Linda Shubert, MSN, RN, NP-BC, CDP[®]

Jessica Burkybile, MSN, RN, NP-BC

Brittany Phillips, PT, DPT, OCS

Angela Stroup, OT/L

Evaluating and Treating the Arthritic Joint Continuing Education Information

Physical Therapists

Healthcare Academy has approval in the states listed. Many states recognize the approval of other states. It is your responsibility to know your state accreditation guidelines to ensure that reciprocity is accepted in your state. For additional information, please contact Healthcare Academy.

PT Board	Hours	Expiration Date	Approval Number
California	0.1 CEU	7-1-26	CPTA #25-263
Nevada Physical Therapy Board	0.1 CEU	7-19-26	N/A
Ohio Physical Therapy Association	1.0 contact hour	7-29-26	25S1723
Texas Physical Therapy Association	1.0 CCU	7-29-26	80591TX
APTA Tennessee	0.1 CEU	7-29-26	#2025-111
APTA Wisconsin	1.0 contact hour	7-29-26	20101

State physical therapy board and/or association disclosure information:

Disclosures for planning committee Judy Hoff, RN, BSN, MA, PhD, Linda Shubert, MSN, RN, and Brittany Phillips, PT, DPT, OCS have no relevant relationships and no conflicts of interest.

Occupational Therapists



American
Occupational Therapy
Association

Approved Provider

Healthcare Academy is an AOTA approved provider of professional development. Course approval ID #09673. This distance learning-independent activity is offered at 0.1 CEU, intermediate, Foundational Knowledge. AOTA does not endorse specific activity content, products, or clinical procedures.

Note: In the case that the services of Healthcare Academy are cancelled by your employer and you are in the process of completing a course, please contact HCA at contact@healthcareacademy.com.

AOTA disclosure and program information:

Participants will be required to complete the entire lesson, post test and evaluation form. There will be no endorsements of products or off-label use.

Disclosures for planning committee Judy Hoff, RN, BSN, MA, PhD, Linda Shubert, MSN, RN, Jessica Burkybile, MSN, RN, NPD-BC, Brittany Phillips, PT, DPT, OCS, and Angela Stroup, OT/L have no relevant relationships and no conflicts of interest.

Note: these lessons are written at a professional level due to the subject matter. There are no prerequisites for this content.

Cancellation policy: N/A

The instructional methods for this program use adult learning principals that allow the learner to decide when and where to participate in this learning. This course is developed in an online method and uses outcomes-based methodology.

Note: The date of the program will appear on the certificate of participation at the completion of the courses. Location is determined by student.

Presented by Healthcare Academy:

Healthcare Academy
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Henderson MN, 56044
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contact@healthcareacademy.com or <https://www.healthcareacademy.com>

Registration /instructional Information:

Your organization will assign the course work upon your request.

If you have special needs, please contact Healthcare Academy by phone 507-248-3310 or contact@healthcareacademy.com.

AOTA non-endorsement:

AOTA does not endorse specific course content, products, or clinical procedures.