

Promotional: Fall Management

You **MUST print this for Continuing Education purposes and keep with your certificate of completion.

Requirements:

For successful completion of this educational activity and receipt of 1.0 contact hour(s), the learner must:

1. Participate in 60 minutes of continuous learning.
2. Complete a quiz with a minimum score of 85%.
3. Complete an evaluation form.

Educational activity description:

All facility staff can play an important role in managing the often-devastating consequences of fall with knowledge of contributing risk factors. This educational activity discusses person-centered guidelines along with risk factors and regulations related to falls in the older adult.

Target audience:

The target audience for this educational activity is nurses and social workers in the long-term care setting and other interested nurses. This is an intermediate level educational activity. Information is geared to practitioners with a general working knowledge of current practice trends and literature related to the subject matter. The focus is on increasing understanding and competent application of the subject matter

Purpose:

The purpose of this educational activity is to enable the learner to identify components of a fall management program in the long-term care setting.

Learning outcome:

At the completion of this educational activity, the learner will be able to demonstrate knowledge about fall management by passing a quiz with 85% or greater accuracy.

Learning objectives:

At the completion of this educational activity, the learner will be able to:

1. Identify two (2) environmental risks that may contribute to a person falling.
2. Select three (3) intrinsic factors that may contribute to a person falling.
3. Identify three (3) strategies to reduce the risk of an individual falling.

Author:

Lois Platt, MSN, RN

Ms. Platt has had extensive experience in a variety of health care settings, including as Staff Development Coordinator in a Long-Term Care facility in Arizona. She also worked as a Term Assistant Professor of Nursing for the University of Alaska Anchorage AAS Nursing Program for many years as well as coordinating and teaching the Certified Nursing Assistant Program in Valdez, Alaska. Prior to entering nursing education, Ms. Platt worked in both staff nurse and Clinical Resource Manager positions in a small Critical Access Hospital in rural Alaska. Her work experience also includes staff and charge nurse positions in an Intensive Care Unit in Connecticut. Ms. Platt obtained a Diploma in nursing from Joseph Lawrence School of Nursing in New London, Connecticut; a Bachelor of Science in Nursing from St. Joseph College in West Hartford, Connecticut; and a Master of Science in Nursing Education from the University of Alaska, Anchorage, Alaska.

Planning committee:

Judy Hoff, RN, BSN, MA, PhD

Linda Shubert, MSN, RN

Lois Platt, MSN, RN

Mary DaCorta, LCSW

ANCC continuing professional development information:

Healthcare Academy is accredited as a provider of nursing continuing professional development by the American Nurses Credentialing Center's Commission on Accreditation.

ANCC disclosure and program information:

Participants will be required to complete the entire educational activity, quiz, and evaluation form. There will be no endorsements of products or off-label use.

Disclosures for planning committee Judy Hoff, RN, BSN, MA, Linda Shubert, MSN, RN, and Lois Platt, MSN, RN have no relevant relationships and no conflicts of interest.

EXPIRATION: The expiration date for this educational activity is December 9, 2025. No contact hours will be awarded to participants who fail to submit evaluation forms. Please contact Healthcare Academy with questions.

Fall Management Continuing Education Information

Social Work:

NASW continuing education information:

This program was approved by the National Association of Social Workers (Approval # 886709333-1558) for 1.0 Social Work continuing education contact hours.

Expiration: 8-31-2025

NASW disclosure information:

Disclosures for planning committee Judy Hoff, RN, BSN, MA, PhD, Lois Platt, MSN, RN and Mary DaCorta, LCSW have no