

Promotional: Feeding and Eating Assistance

****You MUST print this for Continuing Education purposes and keep with your certificate of completion.**

Requirements:

For successful completion of this educational activity and receipt of 0.5 contact hour(s), the learner must:

1. Participate in 30 minutes of continuous learning.
2. Complete a quiz with a minimum score of 85%.
3. Complete an evaluation form.

Educational activity description:

Safety, rights, and infection control are an important part of providing quality care. Each are important to consider when feeding a person or providing eating assistance. This educational activity provides a foundation for caregivers who in their job role provide eating and feeding assistance.

Target audience:

The target audience for this educational activity is any staff member or volunteer responsible for feeding or assisting with feeding of individuals. This is an intermediate level educational activity. Information is geared to practitioners with a general working knowledge of current practice trends and literature related to the subject matter. The focus is on increasing understanding and competent application of the subject matter.

Readability/Reading Level:

The readability/reading level of this course is 11th-12th grade.

Learning outcome:

At the completion of this educational activity, the learner will be able to demonstrate knowledge about feeding and eating assistance by passing a quiz with 85% or greater accuracy.

Learning objectives:

At the completion of this educational activity, the learner will be able to:

1. Identify two (2) types of individuals that may benefit from feeding assistance.
2. Select three (3) infection control considerations associated with feeding assistance.
3. Choose two (2) positioning considerations to promote safety during feeding.

Author:

Britta Fortson, M.A. CCC-SLP

Britta has been a Speech Pathologist for 20 years. Her mission is to help other healthcare practitioners grow professionally through continuing education. Mrs. Fortson has had professional experience working with patients from birth to 100+. Her areas of expertise are dementia and Alzheimer's, dysphagia, documentation for adequate reimbursement and documentation for Medicare requirements. Mrs. Fortson takes a special interest in cognitively impaired elderly patients and reducing falls through an interdisciplinary approach. Other topics she covers include: palliative care, dysphagia with an emphasis on Vital Stimulation, aphasia treatment and diagnosis, reading comprehension and the role of the Speech Pathologist and reducing adverse behaviors in dementia patients. In addition, she is a clinical fellow supervisor and has supervised over 15 clinical fellows and speech pathology students in the past 8 years. In this role, she has observed patient treatment sessions and evaluations and has reviewed medical documentation for Speech Pathologists to ensure they are well prepared for the complexity and demands of working in their career roles.

Reviewer:

Reviewer:

Samantha Newcomb, MSN, RN

Samantha has 13 years of nursing experience working with older adults in long term care settings. Samantha has held positions of clinical practice and education including Staff Nurse and Clinical Instructor for Nurse Aide Training Program for North Carolina. As a clinical instructor, Samantha has taught infection control, patient safety, and patient care standards for long term care for adults. Samantha is an advocate for patients receiving competency-based training in the long-term care setting.

Planning committee:

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