

Promotional: High Alert Medications (HAMs)

****You MUST print this for Continuing Education purposes and keep with your certificate of completion.**

Requirements:

For successful completion of this educational activity and receipt of 1.0 contact hour(s), the learner must:

1. Participate in 60 minutes of continuous learning.
2. Complete a quiz with a minimum score of 85%.
3. Complete an evaluation form.

Educational activity description:

Medication administration carries with it the most risk and impact on resident well-being. High-alert medications (HAMs) are an important component of drug therapy for the older adult. This educational activity will examine the potential risk for serious injuries or death to residents associated with opioid analgesics, antidiabetics, and antithrombotics as well as standardized best practices to prevent adverse drug events related to HAMs. This educational activity is for any staff members who administer medications or assist with self-medication.

Target audience:

The target audience for this educational activity is nurses in the long-term care setting and other interested nurses. This is an intermediate level educational activity. Information is geared to practitioners with a general working knowledge of current practice trends and literature related to the subject matter. The focus is on increasing understanding and competent application of the subject matter.

Learning outcome:

At the completion of this educational activity, the learner will demonstrate knowledge of the risks associated with common HAMs administration in long-term care facilities by passing a quiz with a score of 85% or greater.

Learning objectives:

At the completion of this educational activity, the learner will be able to:

1. Identify three (3) groups of high-alert medications commonly used in long-term care facilities.
2. Name four (4) adverse effects of HAMs.
3. Apply two (2) best practices related to administration of HAMs in the long-term care setting.

Author:

Linda Shubert, MSN, RN

Linda has 30 years of nursing experience working with the older adult across rehabilitation, home health, geriatric case management, acute care, and long-term care settings. Linda has held a variety of clinical, teaching, and administrative positions including Director of Nursing and Staff Development Coordinator which introduced her to the regulatory climate of the long-term care industry. Linda is an advocate for competency-based training for all employees to promote quality outcomes for the older adult in the long-term care setting.

Reviewer:

Jenell Camara MSN, RN

Jenell currently works for a pharmacy that services the LTC industry and is CEO of Jenell Camara Consulting LLC. She has worked in Long-term care for over 25 years. She has had roles that included RN Manager, Regional Director of Quality and Clinical Operations, MDS Coordinator, and a State Surveyor for the State of Wisconsin. She is also a CBRF Instructor and loves to incorporate teaching with nursing. She is passionate about quality assurance and performance improvement and assists facilities with survey prep, plan of correction and auditing, and performance improvement projects.

Planning committee:

Judy Hoff, RN, BSN, MA, PhD

Linda Shubert, MSN, RN

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ANCC continuing professional development information:

Healthcare Academy is accredited as a provider of nursing continuing professional development by the American Nurses Credentialing Center's Commission on Accreditation.

ANCC disclosure and program information:

Participants will be required to complete the entire educational activity, quiz, and evaluation form. There will be no endorsements of products or off-label use.

There are no relevant financial relationships for any individual in a position to control content of this activity.

EXPIRATION: The expiration date for this educational activity is March 18, 2028. No contact hours will be awarded to participants who fail to submit evaluation forms. Please contact Healthcare Academy with questions.

Disclaimer: Time in Course

If you intend to use this course for continuing education credit, you **MUST** be in the course for the stated amount of time. If you do not meet the required time, your certificate may be deemed invalid.

Disclaimer: Content Advisory

Some courses may touch upon sensitive, controversial, or uncomfortable topics that could evoke emotional or psychological distress. Our goal at Healthcare Academy is to foster a respectful and inclusive learning environment and provide educational topics to support your work and your facility. We understand that these topics can elicit strong emotional responses. We want to ensure that you are aware of this before proceeding. If at any point you find the content overwhelming or distressing, we encourage you to take a break, seek support from a trusted individual, or discontinue participation in the course if necessary. By continuing with this course, you acknowledge and understand the potential triggering nature of the content. You take full responsibility for your engagement with the material, and the course creators, instructors, and platform including Healthcare Academy shall not be held liable for any emotional, psychological, or other adverse effects experienced because of your participation. If you have any concerns or questions regarding the course content, please contact your organizations Healthcare Academy representative for further guidance.

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