

## Promotional: Medication Administration: Controlled Substances

**\*\*You MUST print this for Continuing Education purposes and keep with your certificate of completion.**

### **Requirements:**

For successful completion of this educational activity and receipt of 0.5 contact hour(s), the learner must:

1. Participate in 30 minutes of continuous learning.
2. Complete a quiz with a minimum score of 85%.
3. Complete an evaluation form.

### **Educational activity description:**

Safety is a focus of regulations in healthcare settings and is tied to quality of life and care. Controlled substances may be ordered as a medication to be administered. Due to the potential for abuse and risk, it is important that staff who administer controlled substances be knowledgeable of standards. This educational activity reviews the actions, uses, potential adverse effects, and potential drug to drug interactions of commonly prescribed controlled substances in the healthcare setting.

### **Target audience:**

The target audience for this educational activity is any staff licensed to administer medications. This is an intermediate level educational activity. Information is geared to practitioners with a general working knowledge of current practice trends and literature related to the subject matter. The focus is on increasing understanding and competent application of the subject matter.

### **Learning outcome:**

At the completion of this educational activity, the learner will be able to demonstrate knowledge about administering controlled substances by passing a quiz with 85% or greater accuracy.

### **Learning objectives:**

At the completion of this educational activity, the learner will be able to:

1. Identify the five (5) classes of controlled substances.
2. List three (3) of the possible adverse effects of opioid medications.
3. Select three (3) possible adverse effects of the sedative-hypnotic medications.

### **Author:**

Lois Platt, MSN, RN

Ms. Platt has had extensive experience in a variety of health care settings, including as Staff Development Coordinator in a Long-Term Care facility. She also worked as a Term Assistant Professor of Nursing for the University of Alaska Anchorage AAS Nursing Program for many years as well as coordinating and teaching a Certified Nursing Assistant Program. Prior to entering nursing education, Ms. Platt worked in both staff nurse and Clinical Resource Manager positions in a small Critical Access Hospital in rural Alaska. Her work experience also includes staff and charge positions on Medical-Surgical and Intensive Care Units. Ms. Platt obtained a Diploma in nursing from Joseph Lawrence School of Nursing in New London, Connecticut; a Bachelor of Science in Nursing from St. Joseph College in West Hartford, Connecticut; and a Master of Science in Nursing Education from the University of Alaska, Anchorage, Alaska.

### **Reviewer:**

Esther Yunkin, RN

Ms. Yunkin is a skilled nurse with over 20 years' experience providing patient care in a variety of settings. She has worked in emergency departments throughout the United States in a variety of roles, including charge nurse, preceptor, and quality assurance. Ms. Yunkin obtained a Bachelor of Arts in Nursing from the College of St. Scholastica and is a Holistic Health Educator through The National Institute of Whole Health.

**Planning committee:**

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**ANCC continuing professional development information:**

Healthcare Academy is accredited as a provider of nursing continuing professional development by the American Nurses Credentialing Center's Commission on Accreditation.

**ANCC disclosure and program information:**

Participants will be required to complete the entire educational activity, quiz, and evaluation form. There will be no endorsements of products or off-label use.

There are no relevant financial relationships for any individual in a position to control content of this activity.

**EXPIRATION:** The expiration date for this educational activity is May 15, 2028. No contact hours will be awarded to participants who fail to submit evaluation forms. Please contact Healthcare Academy with questions.

**Disclaimer: Content Advisory**

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