

Promotional: Mental Health Disorders in the Older Adult: Medications and Interventions

****You MUST print this for Continuing Education purposes and keep with your certificate of completion.**

Requirements:

For successful completion of this educational activity and receipt of 1.0 contact hour(s), the learner must:

1. Participate in 60 minutes of continuous learning.
2. Complete a quiz with a minimum score of 85%.
3. Complete an evaluation form.

Educational activity description:

Healthcare workers caring for older adults with mental disorders need to have an understanding of not only the disorders but also medications and interventions that are needed in treatment. The goal of person-centered care for all with mental health disorders is to provide the person with not only the best care, but also the best quality of life. This educational activity provides a comprehensive look at best practices. Because of the focus on medications, the target audience is the licensed nurse.

Target audience:

The target audience for this educational activity is nurses in the long-term care setting and other interested nurses. This is an intermediate level educational activity. Information is geared to practitioners with a general working knowledge of current practice trends and literature related to the subject matter. The focus is on increasing understanding and competent application of the subject matter.

Readability/Reading Level:

The readability/reading level of this course is 11th-12th grade.

Learning outcome:

At the completion of this educational activity, the learner will be able to demonstrate knowledge about mental illness by passing a quiz with 85% or greater accuracy.

Learning objectives:

At the completion of this educational activity, the learner will be able to:

1. Identify three (3) common mental health disorders in the older adult.
2. Describe three (3) intended effects of medications used to treat mental health disorders in the older adult.
3. Identify three (3) potential side effects of medications used to treat mental health disorders in the older adult.

Author:

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Ms. Platt is retired from a Staff Development Coordinator position in a Long-Term Care facility in Arizona. She worked as a Term Assistant Professor of Nursing for the University of Alaska Anchorage AAS Nursing Program for many years as well as coordinating and teaching the Certified Nursing Assistant Program in Valdez, Alaska. Prior to entering nursing education, Ms. Platt worked in both staff nurse and Clinical Resource Manager positions in a small Critical Access Hospital in rural Alaska. She has also worked in both staff and charge nurse positions in an Intensive Care Unit in Connecticut. Ms. Platt obtained a Diploma in nursing from Joseph Lawrence School of Nursing in New London, Connecticut; a Bachelor of Science in Nursing from St. Joseph College in West Hartford, Connecticut; and a Master of Science in Nursing Education from the University of Alaska, Anchorage, Alaska.

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ANCC continuing professional development information:

Healthcare Academy is accredited as a provider of nursing continuing professional development by the American Nurses Credentialing Center's Commission on Accreditation.

ANCC disclosure and program information:

Participants will be required to complete the entire educational activity, quiz, and evaluation form. There will be no endorsements of products or off-label use.

There are no relevant financial relationships for any individual in a position to control content of this activity.

EXPIRATION: The expiration date for this educational activity is May 10, 2027. No contact hours will be awarded to participants who fail to submit evaluation forms. Please contact Healthcare Academy with questions.