

Promotional: Neurological Management of the Upper Extremity

**You MUST print this for Continuing Education purposes and keep with your certificate of completion.

Requirements:

For successful completion of this educational activity and receipt of 1.0 contact hour(s), the learner must:

- 1. Participate in 60 minutes of continuous learning. Course time is calculated using the Mergener Formula.
- 2. Complete a quiz with a minimum score of 85%.
- 3. Complete an evaluation form.

Educational activity description:

The rehab therapy practitioner plays a vital role in neurorehabilitation. It is important for clinicians to be equipped to understand common diagnoses and issues associated with those diagnoses, and how to manage aspects of both. This educational activity provides a general overview of the neurological management of the upper extremity for optimal outcomes.

Target audience:

The target audience for this educational activity is occupational therapists, occupational therapy assistants, physical therapists, physical therapy assistants, and other interested staff. This is an intermediate level educational activity.

Readability/Reading Level:

The readability/reading level of this course is 11th-12th grade.

Learning outcome:

At the completion of this educational activity, the learner will demonstrate knowledge about the neurological management of the upper extremity by passing a quiz with a score of 85% or greater accuracy.

Learning objectives:

At the completion of this educational activity, the learner will be able to:

- 1. List three (3) interventions for neurological pain management.
- 2. Select three (3) diagnoses that are appropriate for splinting and/or bracing interventions in the clinic.
- 3. Differentiate one (1) piece of equipment per clinical setting for neurological management of the upper extremity.

Author:

Cory Baldwin, OTR/L

Cory Baldwin, OTR/L is a graduate of Lenoir-Rhyne University's Occupational Therapy program. He has been practicing in the field of occupational therapy, specializing in physical disabilities and geriatrics for eight years. Cory began practicing in a high-level skilled nursing facility serving high acuity clients. He next transitioned to a role in management for a contract therapy provider in long term care. He was able to manage and coordinate services from all providers, learning the full scope of patient care in the post-acute setting. Cory transitioned back into direct patient care, this time in the field of home health where he has developed a more holistic and client centered approach while honing his skills to improve outcomes towards the end of the care spectrum. Cory continues to practice full-time in-home health in southwest Virginia and northwest North Carolina. Cory carries a desire to be a life-long learner and to challenge himself while inspiring the best from his cohorts.

Planning committee:

Judy Hoff, RN, BSN, MA, PhD Linda Shubert, MSN, RN, NPD-BC, CDP® Jessica Burkybile, MSN, RN, NPD-BC Cory Baldwin, OTR/L Angela Stroup, OT/L



Neurological Management of the Upper Extremity Continuing Education Information

Occupational Therapists



Healthcare Academy is an AOTA approved provider of professional development. Course approval ID# 10312. This distance learning-independent activity is offered at 0.1 CEU, intermediate, OT Service Delivery and Foundational Knowledge. AOTA does not endorse specific activity content, products, or clinical procedures.

Note: In the case that the services of Healthcare Academy are cancelled by your employer and you are in the process of completing a course, please contact HCA at contact@healthcareacademy.com.

AOTA disclosure and program information:

Participants will be required to complete the entire lesson, post test and evaluation form. There will be no endorsements of products or off-label use.

Disclosures for planning committee Judy Hoff, RN, BSN, MA, PhD, Linda Shubert, MSN, RN, Jessica Burkybile, MSN, RN, NPD-BC, Cory Baldwin, OTR/L and Angela Stroup, OT/L have no relevant relationships and no conflicts of interest.

Note: these lessons are written at a professional level due to the subject matter. There are no prerequisites for this content.

Cancellation policy: N/A

The instructional methods for this program use adult learning principals that allow the learner to decide when and where to participate in this learning. This course is developed in an online method and uses outcomes-based methodology.

Note: The date of the program will appear on the certificate of participation at the completion of the courses. Location is determined by student.

Presented by Healthcare Academy: Healthcare Academy 526 Main Street Henderson MN, 56044

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Registration /instructional Information:

Your organization will assign the course work upon your request.

If you have special needs, please contact Healthcare Academy by phone 507-248-3310 or contact@healthcareacademy.com.

AOTA non-endorsement:

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