

#### **Promotional: Oral Health Basics**

\*\*You MUST print this for Continuing Education purposes and keep with your certificate of completion.

## Requirements:

For successful completion of this educational activity and receipt of 0.5 contact hour(s), the learner must:

- 1. Participate in 30 minutes of continuous learning.
- 2. Complete a quiz with a minimum score of 85%.
- 3. Complete an evaluation form.

#### **Educational activity description:**

Caregivers play an important role in promoting overall health and well-being for the people they care for. This educational activity for direct care givers explores best practices for providing person-centered oral care that addresses safety, infection control concerns.

### Target audience:

The target audience for this educational activity is nursing assistants across all healthcare settings and any other interested learners. This is an intermediate level educational activity. Information is geared to practitioners with a general working knowledge of current practice trends and literature related to the subject matter. The focus is on increasing understanding and competent application of the subject matter.

# Readability/Reading Level:

The readability/reading level of this course is 9<sup>th</sup>-10<sup>th</sup> grade.

### Learning outcome:

At the completion of this educational activity, the learner will be able to demonstrate knowledge about effective oral health by passing a quiz with 85% or greater accuracy.

#### Learning objectives:

At the completion of this educational activity, the learner will be able to:

- 1. Identify three (3) interventions to assist with oral care when an individual has dementia.
- 2. Identify three (3) signs or symptoms of oral issues that must be reported.
- 3. Choose three (3) regulatory considerations related to providing oral care in the long-term care setting.

# Author:

Lois A. Platt, MSN, RN

Ms. Platt has had extensive experience in a variety of health care settings, including as Staff Development Coordinator in a Long-Term Care facility. She also worked as a Term Assistant Professor of Nursing for the University of Alaska Anchorage AAS Nursing Program for many years as well as coordinating and teaching a Certified Nursing Assistant Program. Prior to entering nursing education, Ms. Platt worked in both staff nurse and Clinical Resource Manager positions in a small Critical Access Hospital in rural Alaska. Her work experience also includes staff and charge nurse positions on Medical-Surgical and Intensive Care Units. Ms. Platt obtained a Diploma in nursing from Joseph Lawrence School of Nursing in New London, Connecticut; a Bachelor of Science in Nursing from St. Joseph College in West Hartford, Connecticut; and a Master of Science in Nursing Education from the University of Alaska, Anchorage, Alaska.

#### Reviewer:

Linda Shubert, MSN, RN, NPD-BC, CDP®

Linda has over 15 years of experience working with residents experiencing dementia. Linda has worked with older adults across the continuum of eldercare as a rehab nurse, geriatric nurse case manager, Director of Nursing, Director of Education, consultant, instructor, and clinical professor. She enjoys developing creative learning that engages the learners and motivates them to be competent and resident-centered caregivers.

# Planning committee:

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