

## Promotional: Overview of Major Medications: Nervous and Cardiovascular Systems

**\*\*You MUST print this for Continuing Education purposes and keep with your certificate of completion.**

### **Requirements:**

For successful completion of this educational activity and receipt of 0.5 contact hour(s), the learner must:

1. Participate in 30 minutes of continuous learning. Course time is calculated using the Mergener Formula.
2. Complete a quiz with a minimum score of 85%.
3. Complete an evaluation form.

### **Educational activity description:**

Safe medication administration is an important part of person-centered care. Because medications to treat nervous system and cardiovascular system disorders are common in the long-term care setting, nurses and medication aides/assistants need to be familiar with these classes of medications. This educational activity provides an overview of common medications that may be seen by those administering medications in this setting.

### **Target audience:**

The target audience for this learning activity is nurses, medication aides, and medication techs across long-term care settings and other interested learners. This is an intermediate level educational activity. Information is geared to practitioners with a general working knowledge of current practice trends and literature related to the subject matter. The focus is on increasing understanding and competent application of the subject matter.

### **Readability/Reading Level:**

The readability/reading level of this course is 11<sup>th</sup>-12<sup>th</sup> grade.

### **Learning outcome:**

At the completion of this educational activity, the learner will demonstrate foundational knowledge of the major classes of medications related to the nervous and cardiovascular systems by passing a quiz with a score of 85% or greater accuracy.

### **Learning objectives:**

At the completion of this educational activity, the learner will be able to:

1. Select three (3) indications for use of medications affecting the cardiovascular system.
2. Identify two (2) adverse effects of medications used to treat hypertension.
3. Choose three (3) adverse effects of medications affecting the nervous system.

### **Author:**

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Ms. Platt has had extensive experience in a variety of healthcare settings, including as Staff Development Coordinator in a Long-Term Care facility in Arizona. She also worked as a Term Assistant Professor of Nursing for the University of Alaska Anchorage AAS Nursing Program for many years as well as coordinating and teaching the Certified Nursing Assistant Program in Valdez, Alaska. Prior to entering nursing education, Ms. Platt worked in both staff nurse and Clinical Resource Manager positions in a small Critical Access Hospital in rural Alaska. Her work experience also includes staff and charge nurse positions in an Intensive Care Unit in Connecticut. Ms. Platt obtained a Diploma in nursing from Joseph Lawrence School of Nursing in New London, Connecticut; a Bachelor of Science in Nursing from St. Joseph College in West Hartford, Connecticut; and a Master of Science in Nursing Education from the University of Alaska, Anchorage, Alaska.

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**ANCC continuing professional development information:**

Healthcare Academy is accredited as a provider of nursing continuing professional development by the American Nurses Credentialing Center's Commission on Accreditation.

**ANCC disclosure and program information:**

Participants will be required to complete the entire educational activity, quiz, and evaluation form. There will be no endorsements of products or off-label use.

There are no relevant financial relationships for any individual in a position to control the content of this activity.

**EXPIRATION:** The expiration date for this educational activity is July 31, 2027. No contact hours will be awarded to participants who fail to submit evaluation forms. Please contact Healthcare Academy with questions.