

Promotional: Rituals at End of Life

****You MUST print this for Continuing Education purposes and keep with your certificate of completion.**

Requirements:

For successful completion of this educational activity and receipt of 1.0 contact hour(s), the learner must:

1. Participate in 60 minutes of continuous learning.
2. Complete a quiz with a minimum score of 85%.
3. Complete an evaluation form.

Educational activity description:

End-of-life rituals vary from patient to patient and are often based on religious, cultural, spiritual and societal influences. End-of-life rituals play an important role for both the patient and families, which may improve the patient's perceived quality of life and assist the family through the grieving process. This educational activity outlines the role of rituals, various activities performed in rituals, cultural aspects to consider, and how to plan rituals with the input of the patient and/or family.

Target audience:

The target audience for this educational activity is nurses across all healthcare settings and other interested staff. This is an intermediate level educational activity.

Learning outcome:

At the completion of this educational activity, the learner will be able to demonstrate knowledge about rituals at end-of-life by passing a quiz with 85% or greater accuracy.

Learning objectives:

At the completion of this educational activity, the learner will be able to:

1. Identify the two (2) roles of rituals at end-of-life (EOL).
2. Describe three (3) examples of rituals used.
3. List three (3) examples of cultural influence on rituals.

Author:

Debbie Flippin, RN MBA

Debbie has over 40 years of nursing experience specializing in end-of-life care, and chronic diseases. She has developed and implemented disease management programs for patients with chronic and life limiting conditions. Debbie has attained advanced education in hospice, palliative and end of life care through ELNEC (End of Life Nursing Education Consortium). Debbie has served in various positions within Home Health and Hospice, including case manager, team leader, Director of Professional Services, VP of Compliance and Regulation and Director of Accreditation. Debbie has worked in a variety of healthcare settings, including acute care, homecare and hospice offices, hospice inpatient unit, accreditation program and pediatric oncology. Debbie is currently a member of the NHPCO Education Committee. Debbie is committed to educating clinicians in chronic and end-of-life care and patient advocacy.

Planning committee:

Linda Shubert, MSN, RN

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ANCC continuing professional development information:

Healthcare Academy is accredited as a provider of nursing continuing professional development by the American Nurses Credentialing Center's Commission on Accreditation.

ANCC disclosure and program information:

Participants will be required to complete the entire educational activity, quiz, and evaluation form. There will be no endorsements of products or off-label use.

There are no relevant financial relationships for any individual in a position to control the content of this activity.

EXPIRATION: The expiration date for this educational activity is March 10, 2026. No contact hours will be awarded to participants who fail to submit evaluation forms. Please contact Healthcare Academy with questions.