

## **Promotional: WA: Fecal and Urinary Incontinence Basics: Healthcare Worker**

**\*\*You MUST print this for Continuing Education purposes and keep with your certificate of completion.**

### **Requirements:**

For successful completion of this educational activity and receipt of 0.5 contact hour(s), the learner must:

1. Participate in 30 minutes of continuous learning.
2. Complete a quiz with a minimum score of 80%.
3. Complete an evaluation form.

### **Educational activity description:**

Proper care and treatment for the person who is incontinent can help them to have a better quality of life and prevent possible complications. This educational activity provides foundational information for healthcare workers about the causes and management of incontinence.

### **Target audience:**

The target audience for this educational activity is nursing assistants in the long-term care setting and other nursing staff.

### **Learning outcome:**

At the completion of this educational activity, the learner will be able to demonstrate knowledge about the basics of incontinence by passing a quiz with 80% or greater accuracy.

### **Learning objectives:**

At the completion of this educational activity, the learner will be able to:

1. Identify two (2) ways that incontinence may affect quality of life.
2. Identify two (2) risk factors for incontinence.
3. Select two (2) treatment options for urinary incontinence.

### **Author:**

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Ms. Platt has extensive experience in a variety of health care settings, including as Staff Development Coordinator in a Long-Term Care facility. She also worked as a Term Assistant Professor of Nursing for the University of Alaska Anchorage AAS Nursing Program for many years as well as coordinating and teaching a Certified Nursing Assistant Program. Prior to entering nursing education, Ms. Platt worked in both staff nurse and Clinical Resource Manager positions in a small Critical Access Hospital in rural Alaska. Her work experience also includes staff and charge nurse positions on Medical-Surgical and Intensive Care Units. Ms. Platt obtained a Diploma in nursing from Joseph Lawrence School of Nursing in New London, Connecticut; a Bachelor of Science in Nursing from St. Joseph College in West Hartford, Connecticut; and a Master of Science in Nursing Education from the University of Alaska, Anchorage, Alaska.

### **Planning committee:**

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