

Promotional: WA: Pain Recognition for Non-Nursing Staff

****You MUST print this for Continuing Education purposes and keep with your certificate of completion.**

Requirements:

For successful completion of this educational activity and receipt of 0.5 contact hour(s), the learner must:

1. Participate in 30 minutes of continuous learning.
2. Complete a quiz with a minimum score of 80%.
3. Complete an evaluation form.

Educational activity description:

Although the registered nurse is responsible for assessing pain, other staff such as nursing assistants, long-term care workers, environmental services staff, adult family home providers, dietary workers, activities professionals, and others have a role in recognizing that an individual is having pain and reporting it to the nurse. Observing and reporting possible pain will promote quick recognition and treatment and increase the quality of life for individual's living in the long-term care setting.

This educational activity outlines how to recognize pain and steps in reporting these observations.

Target audience:

The target audience for this educational activity is nurses in the home health setting. This is an intermediate level educational activity.

Learning outcome:

At the completion of this educational activity, the learner will be able to demonstrate knowledge about pain recognition by passing a quiz with 80% or greater accuracy.

Learning objectives:

At the completion of this educational activity, the learner will be able to:

1. List two (2) effects of unrelieved pain.
2. Identify three (3) common signs and symptoms of pain.
3. Select two (2) actions a member of the multidisciplinary team can do to assist in the management of pain.

Author:

Linda Shubert, MSN, RN

Linda has 30 years of nursing experience working with the older adult across rehabilitation, home health, geriatric case management, acute care, and long-term care settings. Linda has held a variety of clinical, teaching, and administrative positions including Director of Nursing and Staff Development Coordinator which introduced her to the regulatory climate of the long-term care industry. Linda is an advocate for competency-based training for all employees to promote quality outcomes for the older adult in the long-term care setting.

Planning committee:

Judy Hoff, RN, BSN, MA, PhD

Linda Shubert, MSN, RN