

## Promotional: WA: Skin Care Basics for Long-Term Care Workers

\*\*You **MUST** print this for Continuing Education purposes and keep with your certificate of completion.

### **Requirements:**

For successful completion of this educational activity and receipt of 0.5 contact hour(s), the learner must:

1. Participate in 30 minutes of continuous learning.
2. Complete a quiz with a minimum score of 80%.
3. Complete an evaluation form.

### **Educational activity description:**

Healthcare workers play an important role in preventing skin-related complications. This educational activity reviews prevention strategies, early recognition, and reporting skin breakdown that allow HCWs to improve the quality of life for those they care for.

### **Target audience:**

The target audience for this educational activity is healthcare workers in an assisted living facility. This is an intermediate level educational activity.

### **Readability/Reading Level:**

The readability/reading level of this course is 11<sup>th</sup>-12<sup>th</sup> grade.

### **Learning outcome:**

At the end of this educational activity, the learner will be able to demonstrate skin care basics by passing a quiz with a score of 80% or greater accuracy.

### **Learning objectives:**

At the completion of this educational activity, the learner will be able to:

1. Identify four (4) risk factors for the development of skin injuries.
2. List four (4) interventions used in the prevention of skin injuries.
3. Select three (3) skin-related issues that must be documented and reported.

### **Author:**

Karen Miller, RN, BSN

Mrs. Miller received her Bachelor of Science Degree in Nursing from Jacksonville University (JU) in Jacksonville Florida in 1993. She has experience with skin care management in pediatric and adult populations. This experience was acquired while working in the specialized field of Wound Care Nursing in a Long-Term Acute Care Facility and in Acute Care Health Systems that served both pediatric and adult patients. As a Certified Wound Care Nurse (CWCN), Mrs. Miller taught skin and wound care in orientation classes in the facilities where she worked. She also served as a Guest Lecturer at her Alma Mater (JU) and at Florida Community College, Jacksonville. Mrs. Miller's personal goal is to help equip medical staff with the knowledge base and practical skills that will enable them to deliver the best care possible to their patients, clients, and residents.

**Reviewer:**

Kim Hipkiss, RN, BSN

Kim is a Registered Nurse with thirty-seven years combined experience. She worked as a rehabilitation nurse and in management while also providing staff education as a preceptor for new nurses and as a skills trainer for new nurse aides. Kim assisted in developing policies and procedures for East Carolina University Medical Center in Greenville, NC and served on the Nursing Leadership committee analyzing industry trends and solutions. In her home health experience, she worked as a field nurse providing care to a diverse patient population and as a Patient Care Manager supervising the healthcare team. Promoting competent and compassionate patient care in the clinical setting and student mastery of concepts and skills, Kim worked as an educator and nurse aide instructor for 26 years.

**Planning committee:**

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