

Promotional: Bedside Respiratory Treatments for Nurses

You **MUST print this for Continuing Education purposes and keep with your certificate of completion.

Requirements:

For successful completion of this educational activity and receipt of 1.0 contact hour(s), the learner must:

1. Participate in 60 minutes of continuous learning. Course time is calculated using the Mergener Formula.
2. Complete a quiz with a minimum score of 85%.
3. Complete an evaluation form.

Educational activity description:

Caring for individuals with respiratory needs in long-term care requires both skill and compassion. This comprehensive program equips healthcare staff with the knowledge and confidence to deliver safe, effective, and person-centered respiratory treatments. Across five focused lessons, learners will explore the foundations of respiratory care, the most common treatments and conditions, the critical role of nursing assessments, and the infection control practices that keep everyone safe. By completing this course, staff will not only master the technical steps of oxygen therapy, nebulizers, suctioning, and airway clearance but also learn how to recognize red flags, document accurately, and deliver care with dignity. Designed to meet regulatory standards and support quality outcomes, this program empowers caregivers to protect vulnerable individuals, prevent decline, and promote comfort in everyday practice.

Target audience:

The target audience for this educational activity is nursing staff and healthcare professionals who provide direct care and assist with respiratory treatments. This is an intermediate level educational activity. Information is geared to practitioners with a general working knowledge of current practice trends and literature related to the subject matter. The focus is on increasing understanding and competent application of the subject matter.

Learning outcome:

At the completion of this educational activity, the learner will be able to demonstrate knowledge about respiratory treatments by passing a quiz with 85% or greater accuracy.

Learning objectives:

At the completion of this educational activity, the learner will be able to:

1. Identify three (3) common bedside respiratory treatments and their purposes.
2. Describe two (2) key signs, symptoms, or red flags of common respiratory conditions.
3. Identify three (3) essential steps in assessment, infection control, and documentation for safe and effective care.

Author:

Adrian Robinson, RRT

Adrian Robinson is a seasoned Registered Respiratory Therapist based in Little Elm, Texas, with over a decade of clinical and leadership experience in respiratory care. He currently serves as Manager of Cardiopulmonary Services at Baylor Scott & White Medical Center, overseeing respiratory therapy, pulmonary function testing, and EEG lab operations. Previously, Adrian held leadership roles at Advanced Dallas Hospital and provided advanced cardiac respiratory care at The Heart Hospital Baylor and Texas Health Resources. His expertise includes ventilator weaning, tracheostomy care, pulmonary function testing, and critical respiratory modalities. Adrian holds a Master of Health Administration from LSU Shreveport and a Bachelor of Science in Respiratory Therapy from the University of Alabama at Birmingham. He is licensed by the Texas Medical Board and certified by the National Board of Respiratory Care. Adrian also maintains active certifications in ACLS, BLS, and FCCS, underscoring his commitment to high-quality patient care and clinical excellence.

Reviewer:

Amanda Keith, MSN, RN, PHN

Amanda Keith, MSN, RN, PHN, serves as a Clinical Content Manager for Healthcare Academy. Amanda has 8+ years of experience in Nursing Leadership and Management in the domains of SNF, AL, Homecare, Occupational Health, Nursing Education, and Infection Control. Amanda is a PhD Candidate in Nursing with a focus on Population Health. Her areas of interest are respiratory disease outcomes in the rural environment and the influence of the Social Determinants of Health on the Rural/Urban gap. For several years Amanda has focused on the creation of educational content based on health equity principles and diverse learning needs of frontline health care workers.

Planning committee:

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ANCC continuing professional development information:

Healthcare Academy is accredited as a provider of nursing continuing professional development by the American Nurses Credentialing Center's Commission on Accreditation.

ANCC disclosure and program information:

Participants will be required to complete the entire educational activity, quiz, and evaluation form. There will be no endorsements of products or off-label use.

There are no relevant financial relationships for any individual in a position to control content of this activity.

EXPIRATION: The expiration date for this educational activity is November 20, 2028. No contact hours will be awarded to participants who fail to submit evaluation forms. Please contact Healthcare Academy with questions.

Disclaimer: Time in Course

If you intend to use this course for continuing education credit, you MUST be in the course for the stated amount of time. If you do not meet the required time, your certificate may be deemed invalid.

Disclaimer: Content Advisory

Some courses may touch upon sensitive, controversial, or uncomfortable topics that could evoke emotional or psychological distress. Our goal at Healthcare Academy is to foster a respectful and inclusive learning environment and provide educational topics to support your work and your facility. We understand that these topics can elicit strong emotional responses. We want to ensure that you are aware of this before proceeding. If at any point you find the content overwhelming or distressing, we encourage you to take a break, seek support from a trusted individual, or discontinue participation in the course if necessary. By continuing with this course, you acknowledge and understand the potential triggering nature of the content. You take full responsibility for your engagement with the material, and the course creators, instructors, and platform including Healthcare Academy shall not be held liable for any emotional, psychological, or other adverse effects experienced because of your participation. If you have any concerns or questions regarding the course content, please contact your organizations Healthcare Academy representative for further guidance.

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